



# 41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

## Detailed evaluation

Schulze, Detlef

Club: Wernigerode

Number: 602

Course: 9.60 km

Ilsesteinlauf

Category:

Männer M55

Total time: 1:02:02

Speed: 9.29 km/h

Running performance: 6:28 min/km

Rank in course/Total: 124 (of 149)

Rank in course/Men: 96 (of 107)

Best time in course: 33:05

Rank in category: 7(of 7)

Best time in the category: 38:02

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	31:51	7:46	7	13:08	101	15:36	4.10	31:51	7:46	7	13:08	96	15:36
Loddenke	2.20	12:19	5:35	5	4:25	89	5:37	6.30	44:10	7:00	7	17:33	96	21:13
Ilsenburg/Markt	3.30	17:52	5:24	7	6:27	93	7:44	9.60	1:02:02	6:27	7	24:00	96	28:57