



41. Brockenlauf, 21. Ilsesteinlauf  
 Ilsenburg / 03.09.2011

Detailed evaluation

Schreinert, Anja

Total time: 1:07:23

Number: 595

Speed: 8.55 km/h

Running performance: 7:01 min/km

Course: 9.60 km

Rank in course/Total: 140 (of 149)

Ilsesteinlauf

Rank in course/Women: 37 (of 42)

Best time in course: 41:50

Category:

Rank in category: 6(of 6)

Frauen W20

Best time in the category: 51:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	34:45	8:28	6	8:57	39	15:00	4.10	34:45	8:28	6	8:50	16	2:38
Loddenke	2.20	13:42	6:13	6	3:12	36	5:12	6.30	48:27	7:41	6	12:02	16	3:19
Ilsenburg/Markt	3.30	18:56	5:44	5	4:14	33	6:04	9.60	1:07:23	7:01	6	16:15	37	25:33