



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Bolle, Maria

Club: LTV Obereichsfeld

Number: 591

Course: 9.60 km

Ilsesteinlauf

Category:

Frauen W50

Total time: 1:09:46

Speed: 7.74 km/h

Running performance: 7:16 min/km

Rank in course/Total: 145 (of 149)

Rank in course/Women: 39 (of 42)

Best time in course: 41:50

Rank in category: 2(of 2)

Best time in the category: 1:02:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:41	8:12	2	2:29	36	13:56	4.10	33:41	8:12	2	2:29	18	1:34
Loddenke	2.20	15:47	7:10	2	3:28	42	7:17	6.30	49:28	7:51	2	5:57	18	4:20
Ilsenburg/Markt	3.30	20:18	6:09	2	1:32	39	7:26	9.60	1:09:46	7:16	2	7:29	39	27:56