



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Kersten, Ulf

Club: Brockenlaufverein
Number: 161

Course: 26.20 km
Brockenlauf

Category:
Männer M40

Total time: 1:45:43

Speed: 14.87 km/h
Running performance: 4:02 min/km

Rank in course/Total: 2 (of 370)

Rank in course/Men: 2 (of 317)

Best time in course: 1:45:06

Rank in category: 1(of 47)

Best time in the category: 1:45:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	13:02	3:56	1	-	1	-	3.30	13:02	3:56	34	-	2	-
Schlüsie	3.10	14:26	4:39	2	0:17	4	0:31	6.40	27:28	4:17	34	-	1	-
Hermannsklippe	2.60	12:04	4:38	2	0:07	3	0:22	9.00	39:32	4:23	34	-	1	-
Brocken	3.10	20:16	6:32	2	0:11	3	1:15	12.10	59:48	4:56	34	-	2	-
Eiserner Handwe	3.60	12:32	3:28	1	-	2	0:04	15.70	1:12:20	4:36	34	-	2	-
Schlüsie	4.00	11:28	2:52	1	-	2	0:15	19.70	1:23:48	4:15	33	-	2	0:09
Loddenke	3.20	10:32	3:17	2	0:01	3	0:08	22.90	1:34:20	4:07	34	-	2	0:17
Ilseburg/Markt	3.30	11:23	3:26	1	-	2	0:20	26.20	1:45:43	4:02	1	-	2	0:37