



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Müller, Hans-Peter

Club: SV 90 Nordhausen

Number: 215

Course: 26.20 km

Brockenlauf

Category:

Männer M40

Total time: 1:52:00

Speed: 13.93 km/h

Running performance: 4:16 min/km

Rank in course/Total: 6 (of 370)

Rank in course/Men: 6 (of 317)

Best time in course: 1:45:06

Rank in category: 3(of 47)

Best time in the category: 1:45:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:21	4:20	5	1:19	10	1:19	3.30	14:21	4:20	25		6	1:18
Schlüsie	3.10	15:06	4:52	3	0:57	5	1:11	6.40	29:27	4:36	25		6	1:59
Hermannsklippe	2.60	12:35	4:50	3	0:38	5	0:53	9.00	42:02	4:40	25		6	2:30
Brocken	3.10	20:43	6:40	3	0:38	5	1:42	12.10	1:02:45	5:11	25		6	2:47
Eiserner Handwe	3.60	13:33	3:45	4	1:01	8	1:05	15.70	1:16:18	4:51	25		6	3:52
Schlüsie	4.00	12:45	3:11	3	1:17	7	1:32	19.70	1:29:03	4:31	24		6	5:24
Loddenke	3.20	11:08	3:28	3	0:37	5	0:44	22.90	1:40:11	4:22	25		6	6:08
Ilseburg/Markt	3.30	11:49	3:34	3	0:26	4	0:46	26.20	1:52:00	4:16	3	6:17	6	6:54