



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Lehmann, Diana

Club: Potsdamer Laufclub
Number: 335

Course: 26.20 km
Brockenlauf

Category:
Frauen W30

Total time: 2:03:07

Speed: 12.67 km/h
Running performance: 4:42 min/km

Rank in course/Total: 15 (of 370)

Rank in course/Women: 1 (of 53)

Best time in course: 2:03:07

Rank in category: 1(of 7)

Best time in the category: 2:03:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	14:19	4:20	1	-	1	-	3.30	14:19	4:20	1	-	41	
Schlüsie	3.10	16:03	5:10	1	-	1	-	6.40	30:22	4:44	1	-	41	
Hermannsklippe	2.60	13:18	5:06	1	-	1	-	9.00	43:40	4:51	1	-	41	
Brocken	3.10	22:26	7:14	1	-	1	-	12.10	1:06:06	5:27	1	-	40	
Eiserner Handwe	3.60	15:38	4:20	1	-	1	-	15.70	1:21:44	5:12	1	-	41	
Schlüsie	4.00	14:52	3:43	1	-	1	-	19.70	1:36:36	4:54	1	-	35	
Loddenke	3.20	12:53	4:01	1	-	1	-	22.90	1:49:29	4:46	1	-	40	
Ilseburg/Markt	3.30	13:38	4:07	1	-	1	-	26.20	2:03:07	4:41	1	-	1	-