



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Steiger, Lothar

Club: Brockenlaufverein
Number: 1057

Course: 26.20 km
Brocken-Walking

Category:
Walking Männer

Total time: 3:49:46

Speed: 6.84 km/h
Running performance: 8:46 min/km

Rank in course/Total: 5 (of 11)

Rank in course/Men: 5 (of 7)

Best time in course: 3:37:54

Rank in category: 5(of 7)

Best time in the category: 3:37:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	32:42	9:54	6	4:30	6	4:30	3.30	32:42	9:54	5	4:30	5	4:30
Schlüsie	3.10	fehlt!	-	-	-	-	-	6.40	-	-	-	-	-	-
Hermannsklippe	2.60	56:29	21:43	4	7:47	4	7:47	9.00	1:29:11	9:54	5	10:01	5	10:01
Brocken	3.10	39:43	12:48	1	-	1	-	12.10	2:08:54	10:39	1	-	1	-
Eiserner Handwe	3.60	31:32	8:45	1	-	1	-	15.70	2:40:26	10:13	5	20:17	5	20:17
Schlüsie	4.00	26:58	6:44	2	0:18	2	0:18	19.70	3:07:24	9:30	5	20:17	5	20:17
Loddenke	3.20	21:16	6:38	1	-	1	-	22.90	3:28:40	9:06	5	16:49	5	16:49
Ilseburg/Markt	3.30	21:06	6:23	1	-	1	-	26.20	3:49:46	8:46	5	11:52	5	11:52