



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Krüger, Matthias

Club: MontageBauer
Number: 389

Course: 26.20 km
Brockenlauf

Category:
Männer M40

Total time: 2:05:54

Speed: 12.39 km/h
Running performance: 4:49 min/km

Rank in course/Total: 19 (of 370)

Rank in course/Men: 18 (of 317)

Best time in course: 1:45:06

Rank in category: 7(of 47)

Best time in the category: 1:45:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:37	4:43	10	2:35	28	2:35	3.30	15:37	4:43	29		8	2:34
Schlüsie	3.10	16:40	5:22	7	2:31	14	2:45	6.40	32:17	5:02	29		18	4:49
Hermannsklippe	2.60	14:23	5:31	8	2:26	21	2:41	9.00	46:40	5:11	29		18	7:08
Brocken	3.10	25:30	8:13	11	5:25	35	6:29	12.10	1:12:10	5:57	29		18	12:12
Eiserner Handwe	3.60	14:53	4:08	7	2:21	16	2:25	15.70	1:27:03	5:32	29		18	14:37
Schlüsie	4.00	14:19	3:34	12	2:51	29	3:06	19.70	1:41:22	5:08	28		18	17:43
Loddenke	3.20	12:07	3:47	8	1:36	16	1:43	22.90	1:53:29	4:57	29		18	19:26
Ilseburg/Markt	3.30	12:25	3:45	4	1:02	8	1:22	26.20	2:05:54	4:48	7	20:11	18	20:48