



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Reinhardt, Horst

Club: Lauffeuer Fröttstädt
Number: 223

Course: 26.20 km
Brockenlauf

Category:
Männer M45

Total time: 2:09:26

Speed: 12.05 km/h
Running performance: 4:56 min/km

Rank in course/Total: 24 (of 370)

Rank in course/Men: 23 (of 317)

Best time in course: 1:45:06

Rank in category: 5(of 74)

Best time in the category: 2:01:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:21	4:57	8	2:03	41	3:19	3.30	16:21	4:57	51		23	3:18
Schlüsie	3.10	17:34	5:39	5	1:05	27	3:39	6.40	33:55	5:17	51		23	6:27
Hermannsklippe	2.60	14:31	5:34	4	0:30	23	2:49	9.00	48:26	5:22	51		23	8:54
Brocken	3.10	24:57	8:02	6	3:48	26	5:56	12.10	1:13:23	6:03	51		23	13:25
Eiserner Handwe	3.60	15:46	4:22	8	1:16	37	3:18	15.70	1:29:09	5:40	51		23	16:43
Schlüsie	4.00	14:40	3:39	7	1:11	35	3:27	19.70	1:43:49	5:16	48		23	20:10
Loddenke	3.20	12:17	3:50	4	0:23	19	1:53	22.90	1:56:06	5:04	51		23	22:03
Ilseburg/Markt	3.30	13:20	4:02	5	0:40	23	2:17	26.20	2:09:26	4:56	5	8:05	23	24:20