



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Janeck, Joachim

Club: VLG 1991 Magdeburg
Number: 258

Course: 26.20 km
Brockenlauf

Category:
Männer M55

Total time: 2:09:58

Speed: 12.00 km/h
Running performance: 4:58 min/km

Rank in course/Total: 27 (of 370)

Rank in course/Men: 26 (of 317)

Best time in course: 1:45:06

Rank in category: 1(of 30)

Best time in the category: 2:09:58

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:01	4:33	1	-	18	1:59	3.30	15:01	4:33	16		26	1:58
Schlüsie	3.10	17:13	5:33	2	0:15	23	3:18	6.40	32:14	5:02	16		26	4:46
Hermannsklippe	2.60	14:50	5:42	1	-	28	3:08	9.00	47:04	5:13	16		26	7:32
Brocken	3.10	27:01	8:42	1	-	54	8:00	12.10	1:14:05	6:07	16		26	14:07
Eiserner Handwe	3.60	15:24	4:16	1	-	29	2:56	15.70	1:29:29	5:41	16		26	17:03
Schlüsie	4.00	14:15	3:33	1	-	26	3:02	19.70	1:43:44	5:15	15		26	20:05
Loddenke	3.20	13:02	4:04	1	-	36	2:38	22.90	1:56:46	5:05	16		26	22:43
Ilseburg/Markt	3.30	13:12	4:00	1	-	18	2:09	26.20	2:09:58	4:57	1	-	26	24:52