



41. Brockenlauf, 21. Ilsesteinlauf
Ilsenburg / 03.09.2011

Detailed evaluation

Schneidewind, Andreas

Club: SV-Germania-Helmstedt
Number: 376

Course: 26.20 km
Brockenlauf

Category:
Männer M40

Total time: 2:10:24

Speed: 11.96 km/h
Running performance: 4:59 min/km

Rank in course/Total: 30 (of 370)

Rank in course/Men: 29 (of 317)

Best time in course: 1:45:06

Rank in category: 11(of 47)

Best time in the category: 1:45:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	-	-	45		311		3.30	-	-	45		311	
Schlüsie	3.10	-	-	45		311		6.40	-	-	45		311	
Hermannsklippe	2.60	-	-	45		311		9.00	-	-	45		311	
Brocken	3.10	-	-	45		311		12.10	-	-	45		311	
Eiserner Handwe	3.60	-	-	45		310		15.70	-	-	45		310	
Schlüsie	4.00	-	-	43		289		19.70	-	-	43		288	
Loddenke	3.20	-	-	45		309		22.90	-	-	45		309	
Ilsenburg/Markt	3.30	2:10:24	39:30	45	1:59:01	308	1:59:21	26.20	2:10:24	4:58	11	24:41	29	25:18