



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Ritzka, Roman

Club: Rot Weiß Obernfeld
Number: 267

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 2:11:16

Speed: 11.98 km/h
Running performance: 5:01 min/km

Rank in course/Total: 34 (of 370)

Rank in course/Men: 33 (of 317)

Best time in course: 1:45:06

Rank in category: 4(of 30)

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 15:30 | 4:41 | 3 | 1:44 | 26 | 2:28 | 3.30 | 15:30 | 4:41 | 28 | | 32 | 2:27 |
| Schlüsie | 3.10 | 17:45 | 5:43 | 5 | 2:23 | 36 | 3:50 | 6.40 | 33:15 | 5:11 | 28 | | 32 | 5:47 |
| Hermannsklippe | 2.60 | 14:58 | 5:45 | 3 | 2:18 | 31 | 3:16 | 9.00 | 48:13 | 5:21 | 28 | | 16 | 8:41 |
| Brocken | 3.10 | 25:41 | 8:17 | 5 | 4:56 | 38 | 6:40 | 12.10 | 1:13:54 | 6:06 | 28 | | 32 | 13:56 |
| Eiserner Handwe | 3.60 | 15:32 | 4:18 | 3 | 2:18 | 31 | 3:04 | 15.70 | 1:29:26 | 5:41 | 27 | | 32 | 17:00 |
| Schlüsie | 4.00 | 15:06 | 3:46 | 5 | 2:48 | 46 | 3:53 | 19.70 | 1:44:32 | 5:18 | 26 | | 32 | 20:53 |
| Loddenke | 3.20 | 13:09 | 4:06 | 6 | 2:03 | 40 | 2:45 | 22.90 | 1:57:41 | 5:08 | 27 | | 32 | 23:38 |
| Ilseburg/Markt | 3.30 | 13:35 | 4:06 | 4 | 1:21 | 27 | 2:32 | 26.20 | 2:11:16 | 5:00 | 4 | 19:51 | 33 | 26:10 |