



# 41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

## Detailed evaluation

**Ritzka, Roman**

Club: Rot Weiß Obernfeld  
Number: 267

Course: 26.20 km  
Brockenlauf

Category:  
Männer M35

Total time: 2:11:16

Speed: 11.88 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 34 (of 370)

Rank in course/Men: 33 (of 317)

Best time in course: 1:45:06

Rank in category: 4(of 30)

Best time in the category: 1:51:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:30	4:41	3	1:44	26	2:28	3.30	15:30	4:41	28		32	2:27
Schlüsie	3.10	17:45	5:43	5	2:23	36	3:50	6.40	33:15	5:11	28		32	5:47
Hermannsklippe	2.60	14:58	5:45	3	2:18	31	3:16	9.00	48:13	5:21	28		16	8:41
Brocken	3.10	25:41	8:17	5	4:56	38	6:40	12.10	1:13:54	6:06	28		32	13:56
Eiserner Handwe	3.60	15:32	4:18	3	2:18	31	3:04	15.70	1:29:26	5:41	27		32	17:00
Schlüsie	4.00	15:06	3:46	5	2:48	46	3:53	19.70	1:44:32	5:18	26		32	20:53
Loddenke	3.20	13:09	4:06	6	2:03	40	2:45	22.90	1:57:41	5:08	27		32	23:38
Ilsenburg/Markt	3.30	13:35	4:06	4	1:21	27	2:32	26.20	2:11:16	5:00	4	19:51	33	26:10