



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Thomas, Bernd

Club: MSV Eintracht Halberstadt
Number: 164

Course: 26.20 km
Brockenlauf

Category:
Männer M50

Total time: 2:13:12

Speed: 11.71 km/h
Running performance: 5:05 min/km

Rank in course/Total: 38 (of 370)

Rank in course/Men: 37 (of 317)

Best time in course: 1:45:06

Rank in category: 4(of 51)

Best time in the category: 1:57:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:14	4:36	1	-	23	2:12	3.30	15:14	4:36	29		36	2:11
Schlüsie	3.10	18:20	5:54	8	1:55	51	4:25	6.40	33:34	5:14	29		36	6:06
Hermannsklippe	2.60	15:30	5:57	6	1:54	48	3:48	9.00	49:04	5:27	29		36	9:32
Brocken	3.10	27:13	8:46	7	4:49	58	8:12	12.10	1:16:17	6:18	29		36	16:19
Eiserner Handwe	3.60	15:15	4:14	3	1:43	22	2:47	15.70	1:31:32	5:49	29		36	19:06
Schlüsie	4.00	13:52	3:28	3	1:03	20	2:39	19.70	1:45:24	5:21	27		36	21:45
Loddenke	3.20	13:06	4:05	5	1:46	37	2:42	22.90	1:58:30	5:10	29		36	24:27
Ilseburg/Markt	3.30	14:42	4:27	6	2:33	53	3:39	26.20	2:13:12	5:05	4	15:20	37	28:06