



# 41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

## Detailed evaluation

**Dietrich, Rene**

Club: Bundeswehr Blankenburg

Number: 292

Course: 26.20 km

Brockenlauf

Category:

Männer M30

Total time: 2:13:59

Speed: 11.64 km/h

Running performance: 5:07 min/km

Rank in course/Total: 41 (of 370)

Rank in course/Men: 40 (of 317)

Best time in course: 1:45:06

Rank in category: 5(of 23)

Best time in the category: 2:00:20

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Loddenke        | 3.30        | 15:38         | 4:44            | 3           | 1:51           | 30          | 2:36          | 3.30          | 15:38         | 4:44            | 20          |                | 39         | 2:35          |
| Schlüsie        | 3.10        | 17:55         | 5:46            | 4           | 2:10           | 41          | 4:00          | 6.40          | 33:33         | 5:14            | 20          |                | 39         | 6:05          |
| Hermannsklippe  | 2.60        | 15:16         | 5:52            | 4           | 2:04           | 38          | 3:34          | 9.00          | 48:49         | 5:25            | 20          |                | 39         | 9:17          |
| Brocken         | 3.10        | 25:30         | 8:13            | 4           | 3:20           | 35          | 6:29          | 12.10         | 1:14:19       | 6:08            | 20          |                | 39         | 14:21         |
| Eiserner Handwe | 3.60        | 16:08         | 4:28            | 5           | 1:30           | 41          | 3:40          | 15.70         | 1:30:27       | 5:45            | 20          |                | 39         | 18:01         |
| Schlüsie        | 4.00        | 15:22         | 3:50            | 7           | 2:41           | 56          | 4:09          | 19.70         | 1:45:49       | 5:22            | 20          |                | 39         | 22:10         |
| Loddenke        | 3.20        | 13:49         | 4:19            | 5           | 1:13           | 63          | 3:25          | 22.90         | 1:59:38       | 5:13            | 20          |                | 39         | 25:35         |
| Ilseburg/Markt  | 3.30        | 14:21         | 4:20            | 4           | 1:03           | 46          | 3:18          | 26.20         | 2:13:59       | 5:06            | 5           | 13:39          | 40         | 28:53         |