



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Radtko, Ulrich

Club: Post SV Holzminden
Number: 32

Course: 26.20 km
Brockenlauf

Category:
Männer M50

Total time: 2:14:09

Speed: 11.72 km/h
Running performance: 5:07 min/km

Rank in course/Total: 42 (of 370)

Rank in course/Men: 41 (of 317)

Best time in course: 1:45:06

Rank in category: 5(of 51)

Best time in the category: 1:57:52

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 16:15 | 4:55 | 5 | 1:01 | 39 | 3:13 | 3.30 | 16:15 | 4:55 | 30 | | 40 | 3:12 |
| Schlüsie | 3.10 | 18:02 | 5:49 | 4 | 1:37 | 43 | 4:07 | 6.40 | 34:17 | 5:21 | 30 | | 40 | 6:49 |
| Hermannsklippe | 2.60 | 15:58 | 6:08 | 8 | 2:22 | 68 | 4:16 | 9.00 | 50:15 | 5:34 | 30 | | 40 | 10:43 |
| Brocken | 3.10 | 26:30 | 8:32 | 5 | 4:06 | 46 | 7:29 | 12.10 | 1:16:45 | 6:20 | 30 | | 40 | 16:47 |
| Eiserner Handwe | 3.60 | 15:38 | 4:20 | 4 | 2:06 | 34 | 3:10 | 15.70 | 1:32:23 | 5:53 | 30 | | 40 | 19:57 |
| Schlüsie | 4.00 | 15:36 | 3:53 | 6 | 2:47 | 65 | 4:23 | 19.70 | 1:47:59 | 5:28 | 28 | | 40 | 24:20 |
| Loddenke | 3.20 | 12:56 | 4:02 | 3 | 1:36 | 30 | 2:32 | 22.90 | 2:00:55 | 5:16 | 30 | | 40 | 26:52 |
| Ilseburg/Markt | 3.30 | 13:14 | 4:00 | 2 | 1:05 | 20 | 2:11 | 26.20 | 2:14:09 | 5:07 | 5 | 16:17 | 41 | 29:03 |