



# 41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

## Detailed evaluation

**Gloger, Andreas**

Club: VFL 28 Ellrich

Number: 370

Course: 26.20 km

Brockenlauf

Category:

Männer M45

Total time: 2:14:41

Speed: 11.67 km/h

Running performance: 5:08 min/km

Rank in course/Total: 46 (of 370)

Rank in course/Men: 44 (of 317)

Best time in course: 1:45:06

Rank in category: 8(of 74)

Best time in the category: 2:01:21

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:50	5:06	14	2:32	58	3:48	3.30	16:50	5:06	44		42	3:47
Schlüsie	3.10	17:35	5:40	6	1:06	29	3:40	6.40	34:25	5:22	44		42	6:57
Hermannsklippe	2.60	15:15	5:51	9	1:14	37	3:33	9.00	49:40	5:31	48		42	10:08
Brocken	3.10	27:13	8:46	14	6:04	58	8:12	12.10	1:16:53	6:21	48		42	16:55
Eiserner Handwe	3.60	15:20	4:15	5	0:50	26	2:52	15.70	1:32:13	5:52	48		42	19:47
Schlüsie	4.00	14:52	3:43	9	1:23	41	3:39	19.70	1:47:05	5:26	45		42	23:26
Loddenke	3.20	12:59	4:03	8	1:05	33	2:35	22.90	2:00:04	5:14	48		42	26:01
Ilseburg/Markt	3.30	14:37	4:25	12	1:57	51	3:34	26.20	2:14:41	5:08	8	13:20	44	29:35