



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Franke, Sven

Club: Brockenlaufverein

Number: 82

Course: 26.20 km

Brockenlauf

Category:

Männer M40

Total time: 2:14:58

Speed: 11.56 km/h

Running performance: 5:09 min/km

Rank in course/Total: 47 (of 370)

Rank in course/Men: 45 (of 317)

Best time in course: 1:45:06

Rank in category: 15(of 47)

Best time in the category: 1:45:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:56	5:07	12	3:54	63	3:54	3.30	16:56	5:07	35		43	3:53
Schlüsie	3.10	18:37	6:00	14	4:28	63	4:42	6.40	35:33	5:33	35		43	8:05
Hermannsklippe	2.60	16:19	6:16	17	4:22	77	4:37	9.00	51:52	5:45	35		43	12:20
Brocken	3.10	27:29	8:51	14	7:24	66	8:28	12.10	1:19:21	6:33	35		43	19:23
Eiserner Handwe	3.60	15:19	4:15	10	2:47	25	2:51	15.70	1:34:40	6:01	35		43	22:14
Schlüsie	4.00	14:13	3:33	10	2:45	24	3:00	19.70	1:48:53	5:31	34		43	25:14
Loddenke	3.20	12:20	3:51	10	1:49	20	1:56	22.90	2:01:13	5:17	35		43	27:10
Ilseburg/Markt	3.30	13:45	4:10	11	2:22	31	2:42	26.20	2:14:58	5:09	15	29:15	45	29:52