



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Habereeder, Armin

Club: ESV 49 Angermünde -Die Lokvögel-
Number: 65

Course: 26.20 km
Brockenlauf

Category:
Männer M45

Total time: 2:15:44

Speed: 11.49 km/h
Running performance: 5:11 min/km

Rank in course/Total: 50 (of 370)

Rank in course/Men: 48 (of 317)

Best time in course: 1:45:06

Rank in category: 10(of 74)

Best time in the category: 2:01:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:05	5:28	27	3:47	107	5:03	3.30	18:05	5:28	37		46	5:02
Schlüsie	3.10	18:33	5:59	12	2:04	57	4:38	6.40	36:38	5:43	37		46	9:10
Hermannsklippe	2.60	16:39	6:24	19	2:38	91	4:57	9.00	53:17	5:55	37		46	13:45
Brocken	3.10	21:09	6:49	1	-	7	2:08	12.10	1:14:26	6:09	37		46	14:28
Eiserner Handwe	3.60	16:49	4:40	13	2:19	57	4:21	15.70	1:31:15	5:48	37		46	18:49
Schlüsie	4.00	16:19	4:04	25	2:50	89	5:06	19.70	1:47:34	5:27	43		46	23:55
Loddenke	3.20	13:08	4:06	10	1:14	39	2:44	22.90	2:00:42	5:16	37		46	26:39
Ilseburg/Markt	3.30	15:02	4:33	17	2:22	68	3:59	26.20	2:15:44	5:10	10	14:23	48	30:38