



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Pinno, Karsten

Club: Gerwisch
Number: 302

Course: 26.20 km
Brockenlauf

Category:
Männer M20

Total time: 2:17:00

Speed: 11.39 km/h
Running performance: 5:14 min/km

Rank in course/Total: 54 (of 370)

Rank in course/Men: 51 (of 317)

Best time in course: 1:45:06

Rank in category: 7(of 22)

Best time in the category: 1:45:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:21	4:57	7	3:19	41	3:19	3.30	16:21	4:57	17		23	3:18
Schlüsie	3.10	18:36	6:00	8	4:41	61	4:41	6.40	34:57	5:27	17		49	7:29
Hermannsklippe	2.60	15:50	6:05	8	4:08	65	4:08	9.00	50:47	5:38	17		49	11:15
Brocken	3.10	26:43	8:37	9	7:42	52	7:42	12.10	1:17:30	6:24	17		49	17:32
Eiserner Handwe	3.60	16:24	4:33	6	3:56	50	3:56	15.70	1:33:54	5:58	17		49	21:28
Schlüsie	4.00	15:29	3:52	6	4:16	60	4:16	19.70	1:49:23	5:33	16		49	25:44
Loddenke	3.20	13:40	4:16	6	3:16	56	3:16	22.90	2:03:03	5:22	17		49	29:00
Ilseburg/Markt	3.30	13:57	4:13	5	2:54	37	2:54	26.20	2:17:00	5:13	7	31:54	51	31:54