



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Schlemeier, Verena

Club: SV Sorsum - Team Lieschen  
Number: 256

Course: 26.20 km  
Brockenlauf

Category:  
Frauen W35

Total time: 2:17:31

Speed: 11.43 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 58 (of 370)

Rank in course/Women: 4 (of 53)

Best time in course: 2:03:07

Rank in category: 1(of 8)

Best time in the category: 2:17:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	15:44	4:46	1	-	2	1:25	3.30	15:44	4:46	1	-	31	
Schlüsie	3.10	18:01	5:48	1	-	2	1:58	6.40	33:45	5:16	1	-	31	
Hermannsklippe	2.60	15:22	5:54	1	-	2	2:04	9.00	49:07	5:27	1	-	31	
Brocken	3.10	26:45	8:37	1	-	5	4:19	12.10	1:15:52	6:16	1	-	30	
Eiserner Handwe	3.60	16:14	4:30	1	-	3	0:36	15.70	1:32:06	5:51	1	-	31	
Schlüsie	4.00	15:08	3:46	1	-	2	0:16	19.70	1:47:14	5:26	1	-	27	
Loddenke	3.20	14:40	4:34	2	0:14	9	1:47	22.90	2:01:54	5:19	1	-	30	
Ilseburg/Markt	3.30	15:37	4:43	3	0:20	11	1:59	26.20	2:17:31	5:14	1	-	4	14:24