



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Krug, Christian

Club: WRT I BadBikes
Number: 325

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 2:19:08

Speed: 11.30 km/h
Running performance: 5:19 min/km

Rank in course/Total: 61 (of 370)

Rank in course/Men: 57 (of 317)

Best time in course: 1:45:06

Rank in category: 8(of 30)

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:25	5:16	11	3:39	79	4:23	3.30	17:25	5:16	24	0:13	55	4:22
Schlüsie	3.10	18:17	5:53	7	2:55	49	4:22	6.40	35:42	5:34	24		52	8:14
Hermannsklippe	2.60	15:48	6:04	10	3:08	63	4:06	9.00	51:30	5:43	24		55	11:58
Brocken	3.10	28:21	9:08	12	7:36	84	9:20	12.10	1:19:51	6:35	24		55	19:53
Eiserner Handwe	3.60	17:02	4:43	9	3:48	64	4:34	15.70	1:36:53	6:10	23		55	24:27
Schlüsie	4.00	15:33	3:53	9	3:15	63	4:20	19.70	1:52:26	5:42	22		55	28:47
Loddenke	3.20	13:20	4:10	7	2:14	44	2:56	22.90	2:05:46	5:29	23		55	31:43
Ilseburg/Markt	3.30	13:22	4:03	3	1:08	26	2:19	26.20	2:19:08	5:18	8	27:43	57	34:02