



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

König, Yves

Club: Stiege
Number: 144

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 2:20:17

Speed: 11.12 km/h
Running performance: 5:21 min/km

Rank in course/Total: 66 (of 370)

Rank in course/Men: 62 (of 317)

Best time in course: 1:45:06

Rank in category: 9(of 30)

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:20	5:15	10	3:34	73	4:18	3.30	17:20	5:15	23	0:08	60	4:17
Schlüsie	3.10	18:30	5:58	9	3:08	55	4:35	6.40	35:50	5:35	18		60	8:22
Hermannsklippe	2.60	15:35	5:59	7	2:55	50	3:53	9.00	51:25	5:42	23		60	11:53
Brocken	3.10	27:47	8:57	11	7:02	71	8:46	12.10	1:19:12	6:32	23		60	19:14
Eiserner Handwe	3.60	16:32	4:35	7	3:18	52	4:04	15.70	1:35:44	6:05	22		60	23:18
Schlüsie	4.00	15:10	3:47	6	2:52	48	3:57	19.70	1:50:54	5:37	21		60	27:15
Loddenke	3.20	13:55	4:20	11	2:49	65	3:31	22.90	2:04:49	5:27	22		60	30:46
Ilseburg/Markt	3.30	15:28	4:41	12	3:14	83	4:25	26.20	2:20:17	5:21	9	28:52	62	35:11