



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Keule, Jens

Club: Ski Klub Wernigerode

Number: 101

Course: 26.20 km

Brockenlauf

Category:

Männer M45

Total time: 2:20:47

Speed: 11.08 km/h

Running performance: 5:22 min/km

Rank in course/Total: 67 (of 370)

Rank in course/Men: 63 (of 317)

Best time in course: 1:45:06

Rank in category: 14(of 74)

Best time in the category: 2:01:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.		
Loddenke	3.30	16:57	5:08	17	2:39	64	3:55	3.30	16:57	5:08	42		61	3:54
Schlüsie	3.10	18:55	6:06	17	2:26	74	5:00	6.40	35:52	5:36	42		61	8:24
Hermannsklippe	2.60	16:09	6:12	16	2:08	74	4:27	9.00	52:01	5:46	42		61	12:29
Brocken	3.10	27:35	8:53	16	6:26	68	8:34	12.10	1:19:36	6:34	42		61	19:38
Eiserner Handwe	3.60	17:01	4:43	15	2:31	61	4:33	15.70	1:36:37	6:09	42		61	24:11
Schlüsie	4.00	15:13	3:48	12	1:44	50	4:00	19.70	1:51:50	5:40	39		61	28:11
Loddenke	3.20	13:58	4:21	16	2:04	69	3:34	22.90	2:05:48	5:29	42		61	31:45
Ilseburg/Markt	3.30	14:59	4:32	15	2:19	65	3:56	26.20	2:20:47	5:22	14	19:26	63	35:41