



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Kresse, Mathias

Club: NIX tun kann JEDER
Number: 296

Course: 26.20 km
Brockenlauf

Category:
Männer M45

Total time: 2:21:43

Speed: 11.09 km/h
Running performance: 5:25 min/km

Rank in course/Total: 70 (of 370)

Rank in course/Men: 66 (of 317)

Best time in course: 1:45:06

Rank in category: 16(of 74)

Best time in the category: 2:01:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	16:49	5:05	13	57	2:31	3:47	3.30	16:49	5:05	40	64	3:46	
Schlüsie	3.10	19:01	6:08	19	80	2:32	5:06	6.40	35:50	5:35	40	60	8:22	
Hermannsklippe	2.60	16:45	6:26	20	96	2:44	5:03	9.00	52:35	5:50	40	64	13:03	
Brocken	3.10	28:38	9:14	21	92	7:29	9:37	12.10	1:21:13	6:42	40	64	21:15	
Eiserner Handwe	3.60	16:51	4:40	14	59	2:21	4:23	15.70	1:38:04	6:14	40	64	25:38	
Schlüsie	4.00	15:31	3:52	14	61	2:02	4:18	19.70	1:53:35	5:45	37	64	29:56	
Loddenke	3.20	13:36	4:15	12	54	1:42	3:12	22.90	2:07:11	5:33	40	64	33:08	
Ilseburg/Markt	3.30	14:32	4:24	11	50	1:52	3:29	26.20	2:21:43	5:24	16	20:22	66	36:37