



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Schade, Andreas

Club: Aschersleben
Number: 251

Course: 26.20 km
Brockenlauf

Category:
Männer M30

Total time: 2:21:52

Speed: 11.08 km/h
Running performance: 5:25 min/km

Rank in course/Total: 71 (of 370)

Rank in course/Men: 67 (of 317)

Best time in course: 1:45:06

Rank in category: 6(of 23)

Best time in the category: 2:00:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:04	4:52	4	2:17	34	3:02	3.30	16:04	4:52	19		65	3:01
Schlüsie	3.10	18:49	6:04	6	3:04	69	4:54	6.40	34:53	5:27	19		65	7:25
Hermannsklippe	2.60	16:05	6:11	8	2:53	73	4:23	9.00	50:58	5:39	19		65	11:26
Brocken	3.10	29:37	9:33	12	7:27	113	10:36	12.10	1:20:35	6:39	19		65	20:37
Eiserner Handwe	3.60	17:01	4:43	6	2:23	61	4:33	15.70	1:37:36	6:12	19		65	25:10
Schlüsie	4.00	14:55	3:43	5	2:14	42	3:42	19.70	1:52:31	5:42	19		65	28:52
Loddenke	3.20	13:56	4:21	7	1:20	68	3:32	22.90	2:06:27	5:31	19		65	32:24
Ilseburg/Markt	3.30	15:25	4:40	6	2:07	79	4:22	26.20	2:21:52	5:24	6	21:32	67	36:46