



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Dörr, Marc

Club: Potsdam
Number: 71

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 2:22:26

Speed: 10.95 km/h
Running performance: 5:26 min/km

Rank in course/Total: 73 (of 370)

Rank in course/Men: 69 (of 317)

Best time in course: 1:45:06

Rank in category: 10(of 30)

Best time in the category: 1:51:25

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:38	5:38	19	4:52	134	5:36	3.30	18:38	5:38	22	1:26	67	5:35
Schlüsie	3.10	18:58	6:07	13	3:36	79	5:03	6.40	37:36	5:52	22	0:39	67	10:08
Hermannsklippe	2.60	15:43	6:02	9	3:03	55	4:01	9.00	53:19	5:55	22		67	13:47
Brocken	3.10	27:18	8:48	9	6:33	62	8:17	12.10	1:20:37	6:39	22		67	20:39
Eiserner Handwe	3.60	17:22	4:49	10	4:08	75	4:54	15.70	1:37:59	6:14	21		67	25:33
Schlüsie	4.00	15:57	3:59	11	3:39	74	4:44	19.70	1:53:56	5:47	20		67	30:17
Loddenke	3.20	13:48	4:18	10	2:42	62	3:24	22.90	2:07:44	5:34	21		67	33:41
Ilseburg/Markt	3.30	14:42	4:27	9	2:28	53	3:39	26.20	2:22:26	5:26	10	31:01	69	37:20