



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Jezewski, Gerd

Club: Apfelstädt
Number: 120

Course: 26.20 km
Brockenlauf

Category:
Männer M55

Total time: 2:22:54

Speed: 11.00 km/h
Running performance: 5:27 min/km

Rank in course/Total: 76 (of 370)

Rank in course/Men: 72 (of 317)

Best time in course: 1:45:06

Rank in category: 3(of 30)

Best time in the category: 2:09:58

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:42	5:03	3	1:41	51	3:40	3.30	16:42	5:03	29		70	3:39
Schlüsie	3.10	18:24	5:56	3	1:26	53	4:29	6.40	35:06	5:29	29		70	7:38
Hermannsklippe	2.60	15:59	6:08	3	1:09	69	4:17	9.00	51:05	5:40	29		44	11:33
Brocken	3.10	27:41	8:55	4	0:40	70	8:40	12.10	1:18:46	6:30	29		70	18:48
Eiserner Handwe	3.60	17:56	4:58	7	2:32	93	5:28	15.70	1:36:42	6:09	29		70	24:16
Schlüsie	4.00	17:13	4:18	9	2:58	122	6:00	19.70	1:53:55	5:46	27		70	30:16
Loddenke	3.20	14:22	4:29	5	1:20	84	3:58	22.90	2:08:17	5:36	29		70	34:14
Ilseburg/Markt	3.30	14:37	4:25	3	1:25	51	3:34	26.20	2:22:54	5:27	3	12:56	72	37:48