



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Göhler, Christian

Club: LC Auensee Leipzig

Number: 156

Course: 26.20 km

Brockenlauf

Category:

Männer M50

Total time: 2:23:00

Speed: 10.91 km/h

Running performance: 5:28 min/km

Rank in course/Total: 77 (of 370)

Rank in course/Men: 73 (of 317)

Best time in course: 1:45:06

Rank in category: 9(of 51)

Best time in the category: 1:57:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:33	5:19	11	2:19	86	4:31	3.30	17:33	5:19	34		71	4:30
Schlüsie	3.10	18:57	6:06	10	2:32	76	5:02	6.40	36:30	5:42	34		71	9:02
Hermannsklippe	2.60	15:46	6:03	7	2:10	58	4:04	9.00	52:16	5:48	34		71	12:44
Brocken	3.10	28:23	9:09	10	5:59	85	9:22	12.10	1:20:39	6:39	34		71	20:41
Eiserner Handwe	3.60	17:53	4:58	10	4:21	90	5:25	15.70	1:38:32	6:16	34		71	26:06
Schlüsie	4.00	15:51	3:57	8	3:02	69	4:38	19.70	1:54:23	5:48	32		71	30:44
Loddenke	3.20	13:31	4:13	7	2:11	51	3:07	22.90	2:07:54	5:35	34		71	33:51
Ilseburg/Markt	3.30	15:06	4:34	8	2:57	71	4:03	26.20	2:23:00	5:27	9	25:08	73	37:54