



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Rohwedder, Karl

Club: TSV Eintracht Völkerode
Number: 1

Course: 26.20 km
Brockenlauf

Category:
Männer M55

Total time: 2:23:18

Speed: 10.89 km/h
Running performance: 5:28 min/km

Rank in course/Total: 79 (of 370)

Rank in course/Men: 75 (of 317)

Best time in course: 1:45:06

Rank in category: 4(of 30)

Best time in the category: 2:09:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:33	5:19	5	2:32	86	4:31	3.30	17:33	5:19	28		71	4:30
Schlüsie	3.10	19:02	6:08	5	2:04	81	5:07	6.40	36:35	5:42	28		73	9:07
Hermannsklippe	2.60	16:27	6:19	7	1:37	83	4:45	9.00	53:02	5:53	28		73	13:30
Brocken	3.10	29:27	9:30	9	2:26	108	10:26	12.10	1:22:29	6:49	28		73	22:31
Eiserner Handwe	3.60	17:06	4:45	4	1:42	67	4:38	15.70	1:39:35	6:20	28		73	27:09
Schlüsie	4.00	15:25	3:51	3	1:10	59	4:12	19.70	1:55:00	5:50	26		73	31:21
Loddenke	3.20	13:29	4:12	2	0:27	49	3:05	22.90	2:08:29	5:36	28		73	34:26
Ilseburg/Markt	3.30	14:49	4:29	5	1:37	59	3:46	26.20	2:23:18	5:28	4	13:20	75	38:12