



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Schwarzkopf, Helmut

Club: SV Kyffhäuser
Number: 119

Course: 26.20 km
Brockenlauf

Category:
Männer M60

Total time: 2:24:56

Speed: 10.85 km/h
Running performance: 5:32 min/km

Rank in course/Total: 85 (of 370)

Rank in course/Men: 79 (of 317)

Best time in course: 1:45:06

Rank in category: 3(of 21)

Best time in the category: 2:18:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:44	5:04	2	0:06	52	3:42	3.30	16:44	5:04	20		44	3:41
Schlüsie	3.10	19:33	6:18	3	0:58	97	5:38	6.40	36:17	5:40	20		77	8:49
Hermannsklippe	2.60	16:37	6:23	3	0:43	88	4:55	9.00	52:54	5:52	20		77	13:22
Brocken	3.10	29:32	9:31	5	2:58	110	10:31	12.10	1:22:26	6:48	20		77	22:28
Eiserner Handwe	3.60	16:08	4:28	1	-	41	3:40	15.70	1:38:34	6:16	20		77	26:08
Schlüsie	4.00	15:03	3:45	1	-	45	3:50	19.70	1:53:37	5:46	16		77	29:58
Loddenke	3.20	14:02	4:23	2	0:21	71	3:38	22.90	2:07:39	5:34	20		77	33:36
Ilseburg/Markt	3.30	17:17	5:14	5	2:24	151	6:14	26.20	2:24:56	5:31	3	6:40	79	39:50