



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Eggert, Olaf

Club: NSV Wernigerode

Number: 230

Course: 26.20 km

Brockenlauf

Category:

Männer M45

Total time: 2:26:31

Speed: 10.65 km/h

Running performance: 5:35 min/km

Rank in course/Total: 91 (of 370)

Rank in course/Men: 84 (of 317)

Best time in course: 1:45:06

Rank in category: 19(of 74)

Best time in the category: 2:01:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	17:21	5:15	18	3:03	75	4:19	3.30	17:21	5:15	46		82	4:18
Schlüsie	3.10	18:54	6:05	16	2:25	72	4:59	6.40	36:15	5:39	46		82	8:47
Hermannsklippe	2.60	16:25	6:18	17	2:24	81	4:43	9.00	52:40	5:51	46		62	13:08
Brocken	3.10	27:10	8:45	13	6:01	56	8:09	12.10	1:19:50	6:35	46		82	19:52
Eiserner Handwe	3.60	17:25	4:50	19	2:55	77	4:57	15.70	1:37:15	6:11	46		82	24:49
Schlüsie	4.00	15:35	3:53	15	2:06	64	4:22	19.70	1:52:50	5:43	68		82	29:11
Loddenke	3.20	16:19	5:05	39	4:25	157	5:55	22.90	2:09:09	5:38	46		82	35:06
Ilseburg/Markt	3.30	17:22	5:15	41	4:42	158	6:19	26.20	2:26:31	5:35	19	25:10	84	41:25