



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

von Iven, Katrin

Club: LSG Ascania Aschersleben
Number: 226

Course: 26.20 km
Brockenlauf

Category:
Frauen W40

Total time: 2:27:51

Speed: 10.55 km/h
Running performance: 5:38 min/km

Rank in course/Total: 98 (of 370)

Rank in course/Women: 9 (of 53)

Best time in course: 2:03:07

Rank in category: 2(of 11)

Best time in the category: 2:14:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Loddenke	3.30	18:18	5:32	4	1:13	13	3:59	3.30	18:18	5:32	2	0:06	36
Schlüsie	3.10	20:09	6:29	3	1:52	12	4:06	6.40	38:27	6:00	2	1:58	36
Hermannsklippe	2.60	17:03	6:33	2	1:33	8	3:45	9.00	55:30	6:10	2	3:31	36
Brocken	3.10	29:25	9:29	3	5:11	13	6:59	12.10	1:24:55	7:01	2	8:42	35
Eiserner Handwe	3.60	18:21	5:05	4	2:27	13	2:43	15.70	1:43:16	6:34	2	11:09	36
Schlüsie	4.00	15:56	3:59	2	0:38	8	1:04	19.70	1:59:12	6:03	2	11:47	32
Loddenke	3.20	13:37	4:15	2	0:28	3	0:44	22.90	2:12:49	5:47	2	12:15	35
Ilseburg/Markt	3.30	15:02	4:33	2	1:05	6	1:24	26.20	2:27:51	5:38	2	13:20	9 24:44