



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Baumgart, Lutz

Club: Brockenlaufverein

Number: 249

Course: 26.20 km

Brockenlauf

Category:

Männer M55

Total time: 2:28:03

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course/Total: 101 (of 370)

Rank in course/Men: 92 (of 317)

Best time in course: 1:45:06

Rank in category: 7(of 30)

Best time in the category: 2:09:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:20	5:33	8	3:19	117	5:18	3.30	18:20	5:33	17		90	5:17
Schlüsie	3.10	20:07	6:29	9	3:09	122	6:12	6.40	38:27	6:00	25		90	10:59
Hermannsklippe	2.60	17:09	6:35	9	2:19	104	5:27	9.00	55:36	6:10	25		90	16:04
Brocken	3.10	28:20	9:08	6	1:19	83	9:19	12.10	1:23:56	6:56	25		90	23:58
Eiserner Handwe	3.60	18:20	5:05	8	2:56	102	5:52	15.70	1:42:16	6:30	25		90	29:50
Schlüsie	4.00	16:35	4:08	7	2:20	105	5:22	19.70	1:58:51	6:01	23		90	35:12
Loddenke	3.20	14:29	4:31	7	1:27	88	4:05	22.90	2:13:20	5:49	25		90	39:17
Ilseburg/Markt	3.30	14:43	4:27	4	1:31	56	3:40	26.20	2:28:03	5:39	7	18:05	92	42:57