



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Schade, Andreas

Total time: 2:28:37

Number: 346

Speed: 10.58 km/h

Running performance: 5:40 min/km

Course: 26.20 km

Rank in course/Total: 108 (of 370)

Brockenlauf

Rank in course/Men: 98 (of 317)

Best time in course: 1:45:06

Category:

Rank in category: 13(of 30)

Männer M35

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	16:26	4:58	6	2:40	45	3:24	3.30	16:26	4:58	19		96	3:23
Schlüsie	3.10	18:57	6:06	12	3:35	76	5:02	6.40	35:23	5:31	19		96	7:55
Hermannsklippe	2.60	16:55	6:30	14	4:15	99	5:13	9.00	52:18	5:48	19		96	12:46
Brocken	3.10	31:01	10:00	19	10:16	148	12:00	12.10	1:23:19	6:53	19		96	23:21
Eiserner Handwe	3.60	18:26	5:07	14	5:12	105	5:58	15.70	1:41:45	6:28	18		96	29:19
Schlüsie	4.00	16:40	4:10	16	4:22	109	5:27	19.70	1:58:25	6:00	17		96	34:46
Loddenke	3.20	14:59	4:40	14	3:53	102	4:35	22.90	2:13:24	5:49	18		96	39:21
Ilseburg/Markt	3.30	15:13	4:36	11	2:59	73	4:10	26.20	2:28:37	5:40	13	37:12	98	43:31