



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Mengert, Lothar

Club: LG Osterwieck

Number: 348

Course: 26.20 km

Brockenlauf

Category:

Männer M50

Total time: 2:28:44

Speed: 10.49 km/h

Running performance: 5:41 min/km

Rank in course/Total: 110 (of 370)

Rank in course/Men: 99 (of 317)

Best time in course: 1:45:06

Rank in category: 11(of 51)

Best time in the category: 1:57:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:23	5:34	16	3:09	121	5:21	3.30	18:23	5:34	36		97	5:20
Schlüsie	3.10	19:55	6:25	12	3:30	106	6:00	6.40	38:18	5:59	36		97	10:50
Hermannsklippe	2.60	16:46	6:26	12	3:10	97	5:04	9.00	55:04	6:07	36		89	15:32
Brocken	3.10	28:45	9:16	13	6:21	94	9:44	12.10	1:23:49	6:55	36		97	23:51
Eiserner Handwe	3.60	18:14	5:03	12	4:42	99	5:46	15.70	1:42:03	6:30	36		97	29:37
Schlüsie	4.00	16:32	4:08	14	3:43	103	5:19	19.70	1:58:35	6:01	34		87	34:56
Loddenke	3.20	14:49	4:37	13	3:29	98	4:25	22.90	2:13:24	5:49	36		96	39:21
Ilseburg/Markt	3.30	15:20	4:38	9	3:11	76	4:17	26.20	2:28:44	5:40	11	30:52	99	43:38