



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Villmann, Jörg

Club: Brockenlaufverein
Number: 246

Course: 26.20 km
Brockenlauf

Category:
Männer M50

Total time: 2:31:30

Speed: 10.30 km/h
Running performance: 5:47 min/km

Rank in course/Total: 118 (of 370)

Rank in course/Men: 106 (of 317)

Best time in course: 1:45:06

Rank in category: 13(of 51)

Best time in the category: 1:57:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:25	5:34	18	3:11	123	5:23	3.30	18:25	5:34	38		103	5:22
Schlüsie	3.10	20:21	6:33	17	3:56	129	6:26	6.40	38:46	6:03	38		87	11:18
Hermannsklippe	2.60	17:41	6:48	16	4:05	127	5:59	9.00	56:27	6:16	38		103	16:55
Brocken	3.10	30:05	9:42	16	7:41	121	11:04	12.10	1:26:32	7:09	38		103	26:34
Eiserner Handwe	3.60	18:58	5:16	18	5:26	125	6:30	15.70	1:45:30	6:43	38		103	33:04
Schlüsie	4.00	16:09	4:02	9	3:20	79	4:56	19.70	2:01:39	6:10	24		103	38:00
Loddenke	3.20	14:31	4:32	10	3:11	90	4:07	22.90	2:16:10	5:56	26		103	42:07
Ilseburg/Markt	3.30	15:20	4:38	9	3:11	76	4:17	26.20	2:31:30	5:46	13	33:38	106	46:24