



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Boeltzig, Birko

Club: Kissenbrück  
Number: 185

Course: 26.20 km  
Brockenlauf

Category:  
Männer M45

Total time: 2:31:50

Speed: 10.35 km/h  
Running performance: 5:48 min/km

Rank in course/Total: 120 (of 370)

Rank in course/Men: 108 (of 317)

Best time in course: 1:45:06

Rank in category: 27(of 74)

Best time in the category: 2:01:21

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Loddenke        | 3.30        | 19:48         | 6:00            | 47          | 5:30           | 187         | 6:46          | 3.30          | 19:48         | 6:00            | 66          | 0:04           | 105        | 6:45          |
| Schlüsie        | 3.10        | 20:54         | 6:44            | 35          | 4:25           | 147         | 6:59          | 6.40          | 40:42         | 6:21            | 66          |                | 105        | 13:14         |
| Hermannsklippe  | 2.60        | 17:11         | 6:36            | 23          | 3:10           | 108         | 5:29          | 9.00          | 57:53         | 6:25            | 66          |                | 105        | 18:21         |
| Brocken         | 3.10        | 28:53         | 9:19            | 22          | 7:44           | 96          | 9:52          | 12.10         | 1:26:46       | 7:10            | 66          |                | 105        | 26:48         |
| Eiserner Handwe | 3.60        | 17:52         | 4:57            | 25          | 3:22           | 87          | 5:24          | 15.70         | 1:44:38       | 6:39            | 66          |                | 105        | 32:12         |
| Schlüsie        | 4.00        | 16:07         | 4:01            | 19          | 2:38           | 77          | 4:54          | 19.70         | 2:00:45       | 6:07            | 52          |                | 105        | 37:06         |
| Loddenke        | 3.20        | 14:49         | 4:37            | 26          | 2:55           | 98          | 4:25          | 22.90         | 2:15:34       | 5:55            | 66          |                | 105        | 41:31         |
| Ilseburg/Markt  | 3.30        | 16:16         | 4:55            | 30          | 3:36           | 113         | 5:13          | 26.20         | 2:31:50       | 5:47            | 27          | 30:29          | 108        | 46:44         |