



41. Brockenlauf, 21. Ilsesteinlauf
Ilsenburg / 03.09.2011

Detailed evaluation

Werzner, Holger

Club: Freiburger Windhunde
Number: 320

Course: 26.20 km
Brockenlauf

Category:
Männer M50

Total time: 2:34:26

Speed: 10.18 km/h
Running performance: 5:53 min/km

Rank in course/Total: 128 (of 370)

Rank in course/Men: 115 (of 317)

Best time in course: 1:45:06

Rank in category: 15(of 51)

Best time in the category: 1:57:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	18:33	5:37	19	3:19	130	5:31	3.30	18:33	5:37	40		111	5:30
Schlüsie	3.10	20:06	6:29	16	3:41	117	6:11	6.40	38:39	6:02	40		111	11:11
Hermannsklippe	2.60	17:22	6:40	15	3:46	114	5:40	9.00	56:01	6:13	40		111	16:29
Brocken	3.10	30:51	9:57	19	8:27	140	11:50	12.10	1:26:52	7:10	40		111	26:54
Eiserner Handwe	3.60	19:18	5:21	23	5:46	144	6:50	15.70	1:46:10	6:45	40		111	33:44
Schlüsie	4.00	17:37	4:24	23	4:48	133	6:24	19.70	2:03:47	6:17	38		111	40:08
Loddenke	3.20	15:05	4:42	15	3:45	105	4:41	22.90	2:18:52	6:03	40		111	44:49
Ilsenburg/Markt	3.30	15:34	4:43	14	3:25	89	4:31	26.20	2:34:26	5:53	15	36:34	115	49:20