



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Albrecht, René

Club: Schönebeck
Number: 291

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 2:35:36

Speed: 10.03 km/h
Running performance: 5:56 min/km

Rank in course/Total: 134 (of 370)

Rank in course/Men: 121 (of 317)

Best time in course: 1:45:06

Rank in category: 15(of 30)

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:05	5:46	21	5:19	164	6:03	3.30	19:05	5:46	17	1:53	117	6:02
Schlüsie	3.10	20:52	6:43	22	5:30	145	6:57	6.40	39:57	6:14	17	3:00	117	12:29
Hermannsklippe	2.60	17:59	6:55	20	5:19	143	6:17	9.00	57:56	6:26	17	3:38	117	18:24
Brocken	3.10	29:20	9:27	13	8:35	103	10:19	12.10	1:27:16	7:12	17	2:30	117	27:18
Eiserner Handwe	3.60	19:09	5:19	17	5:55	135	6:41	15.70	1:46:25	6:46	1	-	117	33:59
Schlüsie	4.00	18:01	4:30	19	5:43	152	6:48	19.70	2:04:26	6:18	1	-	117	40:47
Loddenke	3.20	14:57	4:40	13	3:51	101	4:33	22.90	2:19:23	6:05	1	-	117	45:20
Ilseburg/Markt	3.30	16:13	4:54	15	3:59	111	5:10	26.20	2:35:36	5:56	15	44:11	121	50:30