



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Schmalz, Holger

Club: Brockenlaufverein  
Number: 212

Course: 26.20 km  
Brockenlauf

Category:  
Männer M50

Total time: 2:36:52

Speed: 9.94 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 136 (of 370)

Rank in course/Men: 123 (of 317)

Best time in course: 1:45:06

Rank in category: 16(of 51)

Best time in the category: 1:57:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:48	5:41	21	3:34	143	5:46	3.30	18:48	5:41	41		114	5:45
Schlüsie	3.10	19:57	6:26	14	3:32	109	6:02	6.40	38:45	6:03	41		119	11:17
Hermannsklippe	2.60	16:55	6:30	13	3:19	99	5:13	9.00	55:40	6:11	41		119	16:08
Brocken	3.10	28:39	9:14	12	6:15	93	9:38	12.10	1:24:19	6:58	41		119	24:21
Eiserner Handwe	3.60	18:52	5:14	16	5:20	121	6:24	15.70	1:43:11	6:34	41		119	30:45
Schlüsie	4.00	18:11	4:32	27	5:22	154	6:58	19.70	2:01:22	6:09	39		119	37:43
Loddenke	3.20	16:28	5:08	28	5:08	162	6:04	22.90	2:17:50	6:01	41		119	43:47
Ilseburg/Markt	3.30	19:02	5:46	37	6:53	212	7:59	26.20	2:36:52	5:59	16	39:00	123	51:46