



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Weidemeyer, Frank

Club: Sport-Art Lüchow  
Number: 116

Course: 26.20 km  
Brockenlauf

Category:  
Männer M35

Total time: 2:37:31

Speed: 9.90 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 145 (of 370)

Rank in course/Men: 131 (of 317)

Best time in course: 1:45:06

Rank in category: 17(of 30)

Best time in the category: 1:51:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:52	6:01	22	6:06	191	6:50	3.30	19:52	6:01	15	2:40	124	6:49
Schlüsie	3.10	20:37	6:39	20	5:15	135	6:42	6.40	40:29	6:19	15	3:32	127	13:01
Hermannsklippe	2.60	16:26	6:19	12	3:46	82	4:44	9.00	56:55	6:19	15	2:37	127	17:23
Brocken	3.10	27:14	8:47	7	6:29	60	8:13	12.10	1:24:09	6:57	15		127	24:11
Eiserner Handwe	3.60	21:31	5:58	24	8:17	212	9:03	15.70	1:45:40	6:43	14		127	33:14
Schlüsie	4.00	19:40	4:55	24	7:22	214	8:27	19.70	2:05:20	6:21	13	0:54	127	41:41
Loddenke	3.20	16:09	5:02	19	5:03	148	5:45	22.90	2:21:29	6:10	14	2:06	127	47:26
Ilseburg/Markt	3.30	16:02	4:51	14	3:48	105	4:59	26.20	2:37:31	6:00	17	46:06	131	52:25