



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Pozorski, Andreas

Club: Asphaltfräsen  
Number: 115

Course: 26.20 km  
Brockenlauf

Category:  
Männer M50

Total time: 2:37:53

Speed: 9.96 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 148 (of 370)

Rank in course/Men: 133 (of 317)

Best time in course: 1:45:06

Rank in category: 19(of 51)

Best time in the category: 1:57:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:41	6:16	32	5:27	226	7:39	3.30	20:41	6:16	44	0:32	129	7:38
Schlüsie	3.10	21:33	6:57	23	5:08	179	7:38	6.40	42:14	6:35	44		129	14:46
Hermannsklippe	2.60	18:13	7:00	21	4:37	153	6:31	9.00	1:00:27	6:43	44		129	20:55
Brocken	3.10	30:27	9:49	18	8:03	128	11:26	12.10	1:30:54	7:30	44		129	30:56
Eiserner Handwe	3.60	19:24	5:23	24	5:52	148	6:56	15.70	1:50:18	7:01	44		129	37:52
Schlüsie	4.00	17:04	4:15	18	4:15	118	5:51	19.70	2:07:22	6:27	42		129	43:43
Loddenke	3.20	14:51	4:38	14	3:31	100	4:27	22.90	2:22:13	6:12	44		129	48:10
Ilseburg/Markt	3.30	15:40	4:44	16	3:31	94	4:37	26.20	2:37:53	6:01	19	40:01	133	52:47