



41. Brockenlauf, 21. Ilsesteinlauf  
Ilsenburg / 03.09.2011

Detailed evaluation

Illemann, Michael

Club: BiMo Allstars  
Number: 87

Course: 26.20 km  
Brockenlauf

Category:  
Männer M40

Total time: 2:38:39

Speed: 9.83 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 153 (of 370)

Rank in course/Men: 138 (of 317)

Best time in course: 1:45:06

Rank in category: 27(of 47)

Best time in the category: 1:45:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:49	5:42	24	5:47	145	5:47	3.30	18:49	5:42	3		134	5:46
Schlüsie	3.10	21:01	6:46	27	6:52	153	7:06	6.40	39:50	6:13	3		134	12:22
Hermannsklippe	2.60	18:19	7:02	29	6:22	157	6:37	9.00	58:09	6:27	3		134	18:37
Brocken	3.10	31:36	10:11	28	11:31	159	12:35	12.10	1:29:45	7:25	3		134	29:47
Eiserner Handwe	3.60	19:16	5:21	25	6:44	143	6:48	15.70	1:49:01	6:56	3		134	36:35
Schlüsie	4.00	17:41	4:25	25	6:13	139	6:28	19.70	2:06:42	6:25	4		134	43:03
Loddenke	3.20	15:32	4:51	24	5:01	122	5:08	22.90	2:22:14	6:12	3		134	48:11
Ilsenburg/Markt	3.30	16:25	4:58	22	5:02	121	5:22	26.20	2:38:39	6:03	27	52:56	138	53:33