



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Greulich, Lutz

Club: ESV 49 Angermünde -Die Lokvögel-
Number: 66

Course: 26.20 km
Brockenlauf

Category:
Männer M45

Total time: 2:40:24

Speed: 9.80 km/h
Running performance: 6:07 min/km

Rank in course/Total: 166 (of 370)

Rank in course/Men: 148 (of 317)

Best time in course: 1:45:06

Rank in category: 37(of 74)

Best time in the category: 2:01:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:36	6:14	58	6:18	221	7:34	3.30	20:36	6:14	57	0:52	143	7:33
Schlüsie	3.10	21:10	6:49	39	4:41	163	7:15	6.40	41:46	6:31	57	0:39	143	14:18
Hermannsklippe	2.60	17:39	6:47	27	3:38	125	5:57	9.00	59:25	6:36	57		143	19:53
Brocken	3.10	29:47	9:36	29	8:38	116	10:46	12.10	1:29:12	7:22	57		143	29:14
Eiserner Handwe	3.60	22:01	6:06	53	7:31	223	9:33	15.70	1:51:13	7:05	57	0:47	143	38:47
Schlüsie	4.00	18:47	4:41	46	5:18	180	7:34	19.70	2:10:00	6:35	27		143	46:21
Loddenke	3.20	15:06	4:43	27	3:12	106	4:42	22.90	2:25:06	6:20	57		143	51:03
Ilseburg/Markt	3.30	15:18	4:38	19	2:38	74	4:15	26.20	2:40:24	6:07	37	39:03	148	55:18