



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Wand, Patrick

Club: SV Heuthen
Number: 104

Course: 26.20 km
Brockenlauf

Category:
Männer M30

Total time: 2:40:44

Speed: 9.71 km/h
Running performance: 6:08 min/km

Rank in course/Total: 169 (of 370)

Rank in course/Men: 150 (of 317)

Best time in course: 1:45:06

Rank in category: 13(of 23)

Best time in the category: 2:00:20

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	19:02	5:46	15	5:15	158	6:00	3.30	19:02	5:46	12		145	5:59
Schlüsie	3.10	20:30	6:36	14	4:45	133	6:35	6.40	39:32	6:10	12		145	12:04
Hermannsklippe	2.60	19:07	7:21	19	5:55	189	7:25	9.00	58:39	6:30	12		145	19:07
Brocken	3.10	31:22	10:07	18	9:12	155	12:21	12.10	1:30:01	7:26	12		145	30:03
Eiserner Handwe	3.60	18:40	5:11	9	4:02	111	6:12	15.70	1:48:41	6:55	12		145	36:15
Schlüsie	4.00	18:37	4:39	15	5:56	175	7:24	19.70	2:07:18	6:27	12		145	43:39
Loddenke	3.20	16:33	5:10	14	3:57	165	6:09	22.90	2:23:51	6:16	12	1:01	145	49:48
Ilseburg/Markt	3.30	16:53	5:06	12	3:35	138	5:50	26.20	2:40:44	6:08	13	40:24	150	55:38