



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Lehmann, Eik

Club: Berliner TSC  
Number: 334

Course: 26.20 km  
Brockenlauf

Category:  
Männer M30

Total time: 2:41:20

Speed: 9.67 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 170 (of 370)

Rank in course/Men: 151 (of 317)

Best time in course: 1:45:06

Rank in category: 14(of 23)

Best time in the category: 2:00:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	3.30	20:01	6:03	17	6:14	202	6:59	3.30	20:01	6:03	11	0:16	146	6:58
Schlüsie	3.10	21:02	6:47	15	5:17	155	7:07	6.40	41:03	6:24	11		146	13:35
Hermannsklippe	2.60	18:08	6:58	15	4:56	151	6:26	9.00	59:11	6:34	11		146	19:39
Brocken	3.10	30:39	9:53	15	8:29	135	11:38	12.10	1:29:50	7:25	11		146	29:52
Eiserner Handwe	3.60	18:55	5:15	13	4:17	122	6:27	15.70	1:48:45	6:55	11		146	36:19
Schlüsie	4.00	17:40	4:25	11	4:59	137	6:27	19.70	2:06:25	6:25	11		146	42:46
Loddenke	3.20	16:24	5:07	12	3:48	161	6:00	22.90	2:22:49	6:14	11		146	48:46
Ilseburg/Markt	3.30	18:31	5:36	17	5:13	205	7:28	26.20	2:41:20	6:09	14	41:00	151	56:14