



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Jensen, Ib

Club: Kolding Motion
Number: 20

Course: 26.20 km
Brockenlauf

Category:
Männer M50

Total time: 2:42:24

Speed: 9.68 km/h
Running performance: 6:12 min/km

Rank in course/Total: 174 (of 370)

Rank in course/Men: 154 (of 317)

Best time in course: 1:45:06

Rank in category: 25(of 51)

Best time in the category: 1:57:52

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total min/km | Pos Cat. | Behind Cat. | Total ranking | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | | Pos Men | Behind Men |
| Loddenke | 3.30 | 20:42 | 6:16 | 33 | 5:28 | 227 | 7:40 | 3.30 | 20:42 | 6:16 | 50 | 0:33 | 149 | 7:39 |
| Schlüsie | 3.10 | 22:17 | 7:11 | 29 | 5:52 | 208 | 8:22 | 6.40 | 42:59 | 6:42 | 50 | | 149 | 15:31 |
| Hermannsklippe | 2.60 | 19:44 | 7:35 | 31 | 6:08 | 210 | 8:02 | 9.00 | 1:02:43 | 6:58 | 50 | | 149 | 23:11 |
| Brocken | 3.10 | 31:34 | 10:10 | 21 | 9:10 | 158 | 12:33 | 12.10 | 1:34:17 | 7:47 | 50 | | 149 | 34:19 |
| Eiserner Handwe | 3.60 | 19:09 | 5:19 | 21 | 5:37 | 135 | 6:41 | 15.70 | 1:53:26 | 7:13 | 50 | | 149 | 41:00 |
| Schlüsie | 4.00 | 17:42 | 4:25 | 25 | 4:53 | 140 | 6:29 | 19.70 | 2:11:08 | 6:39 | 2 | | 149 | 47:29 |
| Loddenke | 3.20 | 15:45 | 4:55 | 22 | 4:25 | 130 | 5:21 | 22.90 | 2:26:53 | 6:24 | 14 | | 149 | 52:50 |
| Ilseburg/Markt | 3.30 | 15:31 | 4:42 | 12 | 3:22 | 86 | 4:28 | 26.20 | 2:42:24 | 6:11 | 25 | 44:32 | 154 | 57:18 |