



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Zindler, Mark

Club: Ultra-Motten Potsdam
Number: 55

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 2:42:35

Speed: 9.67 km/h
Running performance: 6:13 min/km

Rank in course/Total: 175 (of 370)

Rank in course/Men: 155 (of 317)

Best time in course: 1:45:06

Rank in category: 19(of 30)

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:47	5:41	20	5:01	142	5:45	3.30	18:47	5:41	13	1:35	150	5:44
Schlüsie	3.10	20:23	6:34	19	5:01	131	6:28	6.40	39:10	6:07	13	2:13	115	11:42
Hermannsklippe	2.60	17:09	6:35	15	4:29	104	5:27	9.00	56:19	6:15	13	2:01	113	16:47
Brocken	3.10	29:44	9:35	15	8:59	115	10:43	12.10	1:26:03	7:06	13	1:17	150	26:05
Eiserner Handwe	3.60	20:18	5:38	22	7:04	176	7:50	15.70	1:46:21	6:46	12		150	33:55
Schlüsie	4.00	18:54	4:43	21	6:36	188	7:41	19.70	2:05:15	6:21	11	0:49	144	41:36
Loddenke	3.20	17:59	5:37	23	6:53	203	7:35	22.90	2:23:14	6:15	12	3:51	150	49:11
Ilseburg/Markt	3.30	19:21	5:51	21	7:07	218	8:18	26.20	2:42:35	6:12	19	51:10	155	57:29