



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Gille, Wiegbert

Club: VfL Hüpstedt

Number: 387

Course: 26.20 km

Brockenlauf

Category:

Männer M55

Total time: 2:42:38

Speed: 9.67 km/h

Running performance: 6:13 min/km

Rank in course/Total: 176 (of 370)

Rank in course/Men: 156 (of 317)

Best time in course: 1:45:06

Rank in category: 12(of 30)

Best time in the category: 2:09:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Total ranking | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 19:26 | 5:53 | 15 | 4:25 | 177 | 6:24 | 3.30 | 19:26 | 5:53 | 20 | | 151 | 6:23 |
| Schlüsie | 3.10 | 20:44 | 6:41 | 11 | 3:46 | 141 | 6:49 | 6.40 | 40:10 | 6:16 | 20 | | 151 | 12:42 |
| Hermannsklippe | 2.60 | 17:59 | 6:55 | 13 | 3:09 | 143 | 6:17 | 9.00 | 58:09 | 6:27 | 20 | | 134 | 18:37 |
| Brocken | 3.10 | 30:52 | 9:57 | 12 | 3:51 | 143 | 11:51 | 12.10 | 1:29:01 | 7:21 | 20 | | 151 | 29:03 |
| Eiserner Handwe | 3.60 | 20:55 | 5:48 | 17 | 5:31 | 198 | 8:27 | 15.70 | 1:49:56 | 7:00 | 20 | | 151 | 37:30 |
| Schlüsie | 4.00 | 18:26 | 4:36 | 14 | 4:11 | 167 | 7:13 | 19.70 | 2:08:22 | 6:30 | 18 | | 151 | 44:43 |
| Loddenke | 3.20 | 16:11 | 5:03 | 11 | 3:09 | 153 | 5:47 | 22.90 | 2:24:33 | 6:18 | 20 | | 151 | 50:30 |
| Ilseburg/Markt | 3.30 | 18:05 | 5:28 | 20 | 4:53 | 186 | 7:02 | 26.20 | 2:42:38 | 6:12 | 12 | 32:40 | 156 | 57:32 |