



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Jahn, Roland

Club: NIX tun kann JEDER  
Number: 294

Course: 26.20 km  
Brockenlauf

Category:  
Männer M50

Total time: 2:42:45

Speed: 9.59 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 177 (of 370)

Rank in course/Men: 157 (of 317)

Best time in course: 1:45:06

Rank in category: 26(of 51)

Best time in the category: 1:57:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:24	5:34	17	3:10	122	5:22	3.30	18:24	5:34	14		152	5:21
Schlüsie	3.10	20:31	6:37	19	4:06	134	6:36	6.40	38:55	6:04	14		152	11:27
Hermannsklippe	2.60	18:04	6:56	19	4:28	148	6:22	9.00	56:59	6:19	14		152	17:27
Brocken	3.10	32:30	10:29	25	10:06	179	13:29	12.10	1:29:29	7:23	14		152	29:31
Eiserner Handwe	3.60	19:39	5:27	27	6:07	155	7:11	15.70	1:49:08	6:57	14		152	36:42
Schlüsie	4.00	18:25	4:36	28	5:36	162	7:12	19.70	2:07:33	6:28	3		152	43:54
Loddenke	3.20	16:52	5:16	32	5:32	177	6:28	22.90	2:24:25	6:18	2		152	50:22
Ilseburg/Markt	3.30	18:20	5:33	33	6:11	196	7:17	26.20	2:42:45	6:12	26	44:53	157	57:39